



California

4-H

CITIZENSHIP

LEADERSHIP

LIFE SKILLS

Youth
DEVELOPMENT
PROGRAM

SONOMA COUNTY 4-H REPORTER

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION

From Our President...

As fall turns to winter, it's important to remember those less fortunate than us. A great time to continue collecting new socks for the "10 Warm Toes" sock drive and to donate food, clothes and/or money to your local charity. As a County, we collected 903 decks of cards for the Ronald McDonald House. Let's match that with socks. I hope that many of our clubs have volunteered to be "bell ringers" for the Salvation Army. It's a great opportunity to give back to a charity that helps so many.

Achievement Night was great. Thank you to our All Stars, Brooke, Bethany and Zach for a job well done. If you are interested in being an All Star, you will find the complete application on our County

website. There will be an information night on Nov. 3 at the 4-H Office at 7pm. Please bring your questions and concerns and ask the experts.

Our next meeting is November 3 at the 4-H Office. We will not meet in December. Starting in January, our meetings will move to the 4-H Center.

Happy Thanksgiving to each and every one of my 4-H friends. Thanksgiving is one of my favorite days. No gift exchange, no hype, just a day to sit back and enjoy each other. Remembering those that we lost and welcoming the new. Count your blessings and do it daily. We tend to get caught up in what's wrong, let's remember what's right.

~Cheryl

Help promote 4-H in Sonoma County!

Take a close up photo of a 4-H member or leader and interview them to find out 5-10 things that they do or have done in 4-H to create a profile of them. Don't forget all the different things out there- camp, community service, countywide events! Try to highlight the unique and fun parts of 4-H!

Save the photo as a JPEG (no larger than 31MB); please name the file after the person in the photo (i.e., Judy.jpg).

Email Kati the profile in the body of the email, and attach the

photo.

You can submit profiles and photos as many times as you like- after 5 submissions, you'll receive a gift card to Cold Stone Creamery, and after 10, you'll receive a pin!

Duplicate entries will not be accepted- a leader or youth can only be interviewed once!

What can YOU do in 4-H?



Judy, Program Rep.

- Oversee fun events
- Find resources for our wonderful leaders
- Visit our awesome camp
- Provide leader training
- Drink large quantities of coffee



Entries will be accepted until 6/1/10.

November
2009

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Calling all Club and Project Leaders:

We are looking for clubs to set up informational tables and projects to provide hands-on activities at G and G in Santa Rosa on Saturday November 7. Help promote our wonderful program!

Contact Judy at the 4-H Office

Shoot Sports Rifle certification class announced

Tulare, CA

Saturday, January 9, 2010 – 8:00 a.m. – 6:00 p.m.

Sunday, January 10, 2010 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu

For information about the facility and a map, please visit the range website at:

http://www.tcdsa.org/documents/rankin_field.htm

4-H'ers and Dairy Goats Take Home the Prizes at National and State Competitions!

Have you ever been in a national level competition? Well this was the first time for me and it was quite an experience. I competed in the 2009 American Dairy Goat Association's National Show, which this year was held in Sacramento at Cal Expo. I have

never seen so many goats in one place before and all of them were of the best quality. Although I did not win any champions, all but one of my animals made the cut in their classes and that was good

enough for me. Most of my classes had well over 30 animals and the cut was made at the top 20. It was very cool to meet people -- teen and adult-- from all over the U.S. who raised dairy goats like me. With the help of our county leader, Lisa Jack, and Katie Jack, a past 4-H member & top dairy goat

showman, four of us 4-H dairy goat youth from Sonoma County decided to put together a fitting team called the Sunshine Shavers. This was the first time any of us had competed in this competition and all of our hard work & effort paid off when we received 2" place. I am looking forward

to competing in the 2010 ADGA Nationals which will be held in Louisville, Kentucky. - *Wyone Millerick, Wild Oak 4-H*

American Dairy Goat Association -- 2009 National Show -- Sacramento, CA -- July 18 - 2S, 2009

Fitting Team Competition:

2nd Place: Sunshine Shavers - Magdalen Grismer, Savannah Warner, Ellorine Carle & Wyone Millerick

2009 Premier Youth Exhibitor: Janet Kracker

National Showmanship Class Results:

Intermediate #1: 1st Place - Janet Kracker

9th Place - Ellorine Carle

Intermediate 2: 8th Place - Rebecca Kracker

Senior: 3rd Place - Magdalen Grismer

4th Place - Savannah Warner

California State Fair -- Sacramento, CA -- August 26 - 30, 2009 A month later, many of these same exhibitors went on to receive top honors at the

2009 California State Fair. Wyone Millerick's Nubian goats got Grand Champion, Reserve Jr. Champ & Res. Champion Udder while one of her LaMancha's was selected Reserve Jr. Champ.

Magdalen Grismer's Alpines got Reserve Grand Champion, Reserve Jr.

Champion and Reserve Champion Udder. Three of the top 5 Senior Showman were Sonoma County youths with Magdalen Grismer 1st, Wyone Millerick 4th & Savannah Warner 5th. Magdalen went on to Master Showmanship and placed 4th overall. Savannah took home the honor of Outstanding Dairy Goat Exhibitor.



Achievement Night Corrections

Corinne Cook was the secretary for Independence 4-H- she received a gold award for her secretary book.

Taylor Cover from Sequoia 4-H received her pin for her level 1 primary record book.

Corey Sceales was Harvest 4-H's secretary - she received a gold award for her secretary book.

Eli Warner from Forestville 4-H received his level 1 proficiency pin for dairy.

Elizabeth Carey from Liberty 4-H received a county medalist award from her junior record book.

Magdalen Grismer was Independence's Treasurer. She received a blue for treasurer's book.

Congratulations to everyone!



Steuben 4-H Promotes National 4-H Week!

On October 2, 2009, Steuben 4-H club was invited to co-host with Dave's Hay Barn a HI-5 segment on KPIX channel 5. Our club cut out, painted, and displayed symbols of projects 4-H offers. We had various animals along with a camera, cake, crossed rifles, and a large 4-H clover. We invited all clubs to join at 6:15 am for donuts as we waited for the helicopter to arrive. We had a great turn out and even had National 4-H week announced on air for the week of October 5, 2009. There were two shots of us waving as the helicopter hovered and flew by.



Our club also decided to create our window display at Dave's Hay Barn. We included written paragraphs stating the importance of Head, Heart, Hands & Health surrounded by symbols of each.

Our hard work was rewarded with first place in the window display contest and we were overjoyed!

On October 6th, our club honored the first baby born in Sutter Hospital in Santa Rosa. The baby, Valeria, was born on October 5th at 2:15am, weighing in at seven pounds, five ounces; she will be able to join 4-H in 2016! *By Kayla Camilli, Steuben 4-H club reporter*

Would You Like to Take Your Project Countywide?

As our new year begins we are always looking for new Countywide Projects. Are you a leader who would like to expand your club project and provide knowledge to a larger group? Are you a volunteer who would like to start up something new? In the past few years we have had a wide variety of projects start up financial literacy, lapidary, EMS, just to name a few. Contact the county office, 565-2681 if you have an idea and we will get you started! Sonoma County 4-H has awesome volunteers!

State Rabbit Orientation Day is November 14th

November 14, 2009, 1:00p.m. to 4:00p.m.
4-H Center in Rohnert Park, Ca

The Sonoma County 4-H Rabbit Raisers invite all 4-H members and leaders to attend this educational event. Presentations will be held on showmanship, breed identification, judging, leader orientation, and select a rabbit.

*New * Select a Rabbit- There will be rabbits for sale by local rabbit breeders. Each rabbit for sale is pedigreed and free of disqualifications at that time. There will be numerous breeds to choose from. If you are looking to purchase a quality and show able rabbit, this is a perfect opportunity for you.

Leader Orientation – Open to all rabbits leaders who would like to join. We will discuss how to plan out the year of your own rabbit project, what to teach and much more.

Pre-registration is strongly encouraged but not required- the forms are on the county 4-H website. For more information, please contact Stephanie Karinen-Turner at rsturners@aol.com or 707-293-7713.



Do You Want Learn About Viticulture?

Green Valley 4-H Viticulture project invites any Sonoma County 4-H member interested in Viticulture to join our group.

Do you want to learn about the #1 agriculture commodity in Sonoma County???

If your 4-H club does not offer a viticulture project you can cross club to Green Valley 4-H. Get a cross club form from your club leader, and sign up through 4hOnline for "Field crops and management: viticulture."

Project meetings will be held from October to February. The year will culminate with the pruning contest and Viticulture Challenge held the end of January or the first part of February.

If interested contact teen leader Catie Kunde or leader Saralee McClelland-Kunde at 707 546-3276 or email: saralee@saraleesvineyard.com



Updates From the State 4-H Office

Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.

California Focus June 25-29, 2010

Washington Focus I: Road to Democracy, June 27-July 5, 2010

Heritage Trail I: June 27-July 3, 2009

Washington Focus II: Global Journey, July 11-21, 2010

Heritage Trail II, July 11-17, 2010

For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.

The **California International Exchange Program** will offer **outbound programs** to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until **January 15, 2010**. An interview with the California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Judy at the 4-H Office.



Sequoia 4-H Fundraiser is a "Parent's Night Out!"

Sponsored by Sequoia 4-H Club

Enjoy an evening out while the kids have a blast! Date Night " Holiday Shopping " Dinner & A Movie

Friday – December 4, 5:30 -10:30 PM

4-H Center – Rohnert Park

Your kids will enjoy games, crafts, movies and a pizza dinner supervised by 4-H teens and adults in a safe, comfortable & fun environment. Open to All! *Non 4-H members will be asked to sign a waiver of liability.* \$25.00 for the first child, \$10 for each additional child per family.

Call to Reserve Your Spots by November 30: Kelly at 578-6221 or via e-mail at itskelly1@yahoo.com

Fashion Revue Challenge Pattern Announced

Make an inVESTment in your future wardrobe with this year's challenge. Sew a lined vest, but don't forget to spice it up. It could be reversible, have pockets, frills or whatever fits your style.

Start with Simplicity pattern #4762. You must use this pattern; no substitutions. The possibilities for personalization are endless! You can make it shorter or longer, add trim or appliqués, and experiment with fabrics, colors or details. To alter the pattern for girls, move the buttons to the left side. If needed, add back darts or use the cinch and enlarge the front darts. Purchase or sew an outfit to coordinate with your vest.

For more information about State 4-H Fashion Revue, go to <http://www.ca4h.org/projresource/fashion>



Save the Date: Presentation Day is February 6th!

Believe it or not it's not too soon to be thinking about Sonoma County Presentation Day! **Sonoma County's Presentation Day is scheduled for Saturday, February 6, 2010.** All members are encouraged to participate!

What's new this year?

This year we will sign up electronically. Go to <http://ucanr.org/soco4h/p-day> to sign up! Back this year is the "No Late Entry" rule. The site will automatically shut down on January 27th, 2010, so that no more e-entries can be made. Members without access to a computer can hand deliver their applications to the 4-H Office with a hard deadline (not a post mark deadline) of January 27th.

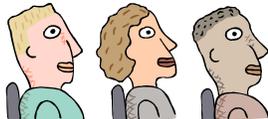
What is a 4-H presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to:

- o Research a subject
- o Organize ideas in a logical order
- o Be a teacher and practice public speaking skills

Why do a 4-H presentation?

As you participate in projects, you collect information and ideas that can be shared with others. This sharing of information is part of the process of learning. Teaching project skills in a presentation takes advanced skills and a deeper understanding of what



you have learned.

By giving presentations you learn more, gain recognition and obtain important communication skills activities for your record book! You have the opportunity to do presentations at project meetings, club meetings and at County Presentation Day.

What do I do?

Speakers prepare for presentations by giving talks to project groups and community club meetings, practicing skills learned in a project, and observing other people giving presentations. You can get ideas for presentations from many different sources. The first place to start is with your project leaders. They know what you have learned in your project and what you might enjoy presenting. Your community club leader also can be a source of ideas.

Presentations are not just demonstrations. You have many options ranging from traditional demonstrations to problem solving for senior members. All of the various presentation styles require similar skills, but are designed to meet the interests and age-appropriate levels of the member. No style of presentation is better than any other. Choose the style that best fits you for your first presentation and then try other styles as you advance in 4-H.

Every 4-H member is encouraged to give a presentation each year. Show what you've learned; give a presentation!



Visit <http://ca4h.org/leadership/spd/index.asp> to learn more and to find the 4-H Presentation Manual.

Mark Your Calendar— New Leader's Orientation Dates

At the 4H Center in Rohnert Park

November 16th (Monday), 6:30pm

January 25th (Monday), 1:00pm

These are the scheduled dates for the upcoming fall. Every leader must attend this one-time orientation before you hold project meetings, sign Fair forms or work with youth. This is a University of California requirement in order to be appointed as an agent of the University and to receive liability insurance coverage when performing as a 4H leader. Please call the 4H office to make a reservation—565-2681.

TruScan Fingerprinting will be there an hour before to fingerprint leaders! Please call the office to RSVP.



**UNIVERSITY OF CALIFORNIA
COOPERATIVE EXTENSION**

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Kati Fein, 4-H Secretary

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WEBSITES

National 4-H: <http://areyouintoit.com>

California State 4-H : <http://ca4h.org>

Sonoma County 4-H: www.ucanr.org/soco4h

National 4-H Council: www.fourhcouncil.edu

Volunteer resources: <http://ucanr.org/4-hvolunteers>

Project ideas:

<http://www.extension.iastate.edu/4H/ProjectLinks.htm>

UC Cooperative Extension- Sonoma County:

<http://cesonoma.ucdavis.edu>

4-H Foundation: <http://www.4hfoundationofsoco.org/>

Email: 4hfoundation@sbcglobal.net

Upcoming 4-H Events...



NOVEMBER

- 3 CCC 7pm 4-H Office
- 3 All star Info night 7pm 4-H Office
- 7-8 Camp Staff Training Weekend
- 7 Co. Lapidary 9:30 SRMGS shop
- 7 Co. Skateboarding 11am 4HC
- 8 Co. Dogs 2:30pm 4-H Center
- 11 Veteran's Day- 4-H Office closed
- 11 Co. Wildlife 4pm 4HC
- 12 Co. Rabbits 7pm 4HC
- 14 Co. Rabbit Orientation Day
- 15 Harvest Archery Fun Shoot 10am Barnes Lumber in Cloverdale

Articles for the December- January Reporter are due November 5th. Please email them to jeludovise@ucdavis.edu.

- 16 New Leader Orientation 6:30 pm 4HC
- 18 Co. Citizenship 6:30pm 4-H Office
- 21 Co. Vet Science 10am, SRJC room 2070
- 23 Camp Planning 7pm 4HC
- 24 Ex. CCC 7pm 4HC
- 26-27 Holiday- 4-H Office closed

DECEMBER

- 2 Co. Wildlife 4pm 4HC
- 5 Co. Lapidary 9:30 SRMGS shop
- 10 Co. Rabbits 7pm 4HC
- 13 Co. Dogs 2:30pm 4-H Center
- 19 Co. Vet Science 10am, SRJC room 2070
- 24-J4 4-H Office Closed

JANUARY

- 2 Co. Lapidary 9:30 SRMGS shop
- 5 CCC 7 pm **4-H Center**
- 9 State Rabbit Field Day
- 10 Co. Dogs 2:30pm 4-H Center
- 14 Co. Rabbits 7pm 7HC
- 18 Holiday- 4-H Office Closed
- 23 Co. Vet Science 10am, SRJC room 2070
- 25 FINAL New Leader orientation 1pm 4HC
- 25 Camp planning 7pm 4HC
- 26 Ex. CCC 7pm 4HC
- 27 Co. Wildlife 4pm 4HC
- 30 All Star Selection Day
- 31 New leaders must complete enrollment, fingerprints and orientation by 2/1!