



# Sonoma County 4-H Reporter



Highlights from  
this issue...

Conferences	2
All-Star Intros	4
Orientation Dates	5

*...and much more!*

Handouts:

Poster Contest

## *The President's Letter*

No rest for the weary!

With summer activities, vacations, and the first days of school behind us, we've now firmly turned our attention to getting the new 4-H year off and running. The Annual Leader Training was held on August 22<sup>nd</sup> at the 4-H Center and our hope is that club leaders have had their burning questions answered, their concerns laid to rest and that they've gained the tools and knowledge to make this year a smooth and successful one!

The All Stars/Rising Stars are also back from their team building activity on August 23<sup>rd</sup> and

are ready to set out bringing their ideas to life and reaching their goals. First up on their list will be Officer Installation, taking place the evening of September 17<sup>th</sup> at the 4-H Center. Stay tuned for more details!

We hope that you had a wonderful time at the Sonoma County 4-H Foundation BBQ on August 29<sup>th</sup>, and with that event now behind us the next one to look forward to is the North Central Sectional Citizenship Weekend held September 25<sup>th</sup> to 27<sup>th</sup> at the Marin Headlands Hostel in Sausalito. There are still a few spots left and it is first come/first served so be sure to check out the



*Amanda Schell*

link to learn more about all the amazing activities that are planned and register for the week-end.

Our first CCC meeting is September 1<sup>st</sup> at 7pm at the 4-H Office in Santa Rosa. Please be sure to send representative of your club to each CCC meeting as they are generally packed full of important events and programs throughout the county.

I look forward to seeing you then!

Save the date for future events:

- SEPTEMBER 1  
CCC Meeting
- SEPTEMBER 17  
Office Installation
- SEPTEMBER 22  
Volunteer Orientation
- SEPTEMBER 24  
Record Book Judging
- SEPTEMBER 29  
Exec CCC Meeting
- OCTOBER 4  
Officer's Training

## NORTH CENTRAL SECTION 4-H CITIZENSHIP CONFERENCE

NCS 4-H Families, Our Sectional 4-H Citizenship Conference is mid-registration now and we do still have some space available. The early bird fee is over but the fees will increase again after August 15. If you know members 12+ (as of 12/31/14) who would be interested in this please visit and share the link to our "page" which includes the registration link and a printable flyer:

[http://4h.ucanr.edu/Get\\_Involved/Councils/Sectional/North\\_Central/Citizenship\\_Weekend/](http://4h.ucanr.edu/Get_Involved/Councils/Sectional/North_Central/Citizenship_Weekend/)

This will be held 9/25-27/15 at the hostel at the Marin Headlands and we have many fun/interesting/educational activities planned including:  
Mock Trial with practicing lawyers Workshop at Marine Mammal Center or Nike Missile Site Tour of Point Benitos Lighthouse Night Hike Community Service may include beach, habitat and trail clean-ups Thanks!



National Conference dates are April 09-14, 2016. The National 4-H Conference is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

Learn more about **National Conference**. <http://www.4-h.org/4-h-conference/about/>

Applications information will be available soon

### **Purpose**

Provide an opportunity for 4-H members to: engage 4-H youth in personal development experiences that will increase knowledge, resources, and skills; discuss topics affecting youth and 4-H programming nationwide; and empower and mobilize 4-H youth to create positive social change in their communities in a meaningful and genuine way.

## CCC MEETING DATE

Our next CCC meeting will be on **September 1st at 7pm at the 4-H Office's Conference Room**. Please remember the meetings for *September, October and November* will be held at the 4-H office. *January through May* will be held at the 4-H Center in Rohnert Park. Please plan on attending the meeting and meeting the new CCC officers.

### CAMP STAFFERS

Camp Staffers the first meeting will be September 28th at the Rohnert Park 4-H Center.

This will be a mandatory enrollment night from 5:30pm-8pm.

Please bring you completed staff application and payments to this meeting.

Parents are encouraged to come.

If you need help enrolling online we will have computers on site.

Please e-mail [sonomacounty4hcamp@gmail.com](mailto:sonomacounty4hcamp@gmail.com) if you have any questions.



### IMPORTANT INFO!!

All Leaders

Please sign up for the Monday Blog. You can do so on our county website [http://cesonoma.ucanr.edu/Youth\\_Development/Blog/](http://cesonoma.ucanr.edu/Youth_Development/Blog/)

Important timely information is given out each week. Don't miss out!



### HEALTHY LIVING OFFICERS

It's not too late! The Healthy Living officer will serve as the club's ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: Providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer!

The **Choose Health Officer Guide** was developed by Cornell University Extension.

To receive your Healthy Living Officer pin please email the name of your Officer and club to Judy at [jludovis@sonoma-county.org](mailto:jludovis@sonoma-county.org)



## ALL STAR INTRODUCTIONS

My name is Melanie Hanlon, I am 15 years old, and I am so excited to be a 2015-2016 Sonoma County All-Star! I have been a member of Liberty 4-H for 11 years and my projects include rabbit leadership, pygmy goats, market lambs, dairy cattle, canning and food preservation, and cooking. I am currently a junior at Petaluma High School where I am also an active member of Petaluma FFA. Outside of 4-H, I also enjoy playing soccer. This year, I am really looking forward to becoming more involved in the 4-H program and getting to know all of the county members better. I cannot wait for the great year ahead!

My name is Savannah Schell, I am a senior and I am proud to be a Sonoma County All Star. What is an All Star? To me, it's a position achieved through years of hard work and dedication to 4-H and your community. When I first started 4-H, I never thought I could ever achieve this position. At the time I was 9, and the whole idea of being an All Star seemed so daunting. Then I took it one step at a time. First I started as Song and Rec my second year of 4-H, then slowly, year by year, I moved up the ranks. One community service after the next, until I worked on my biggest project, my Emerald Star. That gave me the confidence to take my leadership skills to a county level.

My name is Blake Mae Southard and I am a senior at Windsor High School. This year will be my eleventh year in the Alexander Valley 4-H Club. This year I am participating in the cooking, dog care & training, sheep, rabbit, and photography projects. I also plan of being the teen leader for the dog care and training and the rabbit project. I love being a teen leader because it means that I can be a role model to younger members and help them with their projects and help them achieve their goals. I am very excited for this year and what it has to hold. As an All-Star this year I plan on getting more people involved with 4-H programs and getting people excited about what 4-H has to offer.

## WHAT'S YOUR FOCUS?

What does it mean to be a good citizen or a leader? Are you being a strong civic leader for your community, country and world?

For more than 50 years, thousands of high school youth from all across the country have travelled to Washington, DC each summer to partake in the preeminent 4-H citizenship and leadership experience—[Citizenship Washington Focus](#). And in summer 2014 we will introduce the precursor to CWF, the first national 4-H event designed exclusively for middle school 4-H'ers, [Leadership Washington Focus](#).

We have welcomed high school 4-H'ers to put their leadership skills to work in their communities and now we are looking build more 4-H leaders with LWF so they can return as a delegate to CWF.

CWF and LWF are more than just another DC field trip – 4-H'ers learn essential civic leadership skills and leave with the tools that will allow them to bring about real change in their communities.

***CWF and LWF are the only national summer citizenship and leadership programs offered exclusively to 4-H members. For more information go to the following link:***

<http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/>



## ORIENTATIONS

**New** project/club leaders: Mark your calendar and attend **ONE** New Leader Orientation. • ALL ORIENTATIONS ARE 6:30-8:00 pm at 4-H Office in Santa Rosa. 133 Aviation Blvd., Suite 109 Santa Rosa, CA 95403

**September 22** (Tuesday)

**October 19** (Monday)

**November 18** (Wednesday)

Volunteers....Please do not start working with youth until you are fully enrolled you need to complete all steps: fingerprints, orientation, online enrollment and fees paid. See your club leader for more information.

(Fall dates are subject to change if the SF Giants go to the World Series.)

ALL orientations are held at the 4-H Office in Santa Rosa

If you need to be fingerprinted, please arrive between 6:00 -6:15pm with your driver's license. The opportunity to be fingerprinted is not guaranteed but we hope that "TruScan Fingerprint Services" will be able to continue to donate their time

## SHOOTING CLUB—MARIN

If you know a young man or young lady age 9-18 who might enjoy learning about firearm safety and shooting clay targets in a controlled, supportive and fun setting, please tell them about 4H Shooting Sports! Enrollment will be at our first meetings on Saturday September 19th and Saturday October 17th at 9:00 AM sharp at the Valley of the Moon Trap Club. Directions can be found at [www.vomtc.org](http://www.vomtc.org)

To save time, please enroll online beforehand by visiting [http://cemarlin.ucanr.edu/Programs/4-H\\_Program/4hOnline\\_Enrollment/](http://cemarlin.ucanr.edu/Programs/4-H_Program/4hOnline_Enrollment/)

Bring a completed Medical form for each club member to the first meeting. Please note new club members will need to successfully complete the required safety training on at least one of these two days. Any questions please contact Martin 415-309-1563 OR [mpcharles@live.com](mailto:mpcharles@live.com)



## COUNTYWIDE PROJECTS

Would you like to take your project to the next level? As our new year begins we are always looking for new Countywide Projects.  
Are you a leader who would like to expand your club project and provide knowledge to a larger group?  
Are you a volunteer who would like to start up something new?  
In the past few years we have had a wide variety of Countywide projects start up: financial literacy, lapidary, EMS, just to name a few.  
Contact the County Office, 565-2681, if you have an idea and we will get you started!

Sonoma County 4-H has awesome volunteers!



**UNIVERSITY OF CALIFORNIA  
COOPERATIVE EXTENSION**

133 Aviation Blvd., Suite 109  
Santa Rosa, CA 95403  
Phone: (707) 565-2681  
Fax: (707) 565-2623

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**Judy Ludovise**  
4-H Program Representative  
[jludovis@sonoma-county.org](mailto:jludovis@sonoma-county.org)

**WEBSITES**

**Sonoma County 4-H:** [http://cesonoma.ucdavis.edu/Youth\\_Development/](http://cesonoma.ucdavis.edu/Youth_Development/)  
**California State 4-H:** <http://ca4h.org>  
**4-H Foundation:** [www.4hfoundationofsoco.org](http://www.4hfoundationofsoco.org)

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Inquiries regarding the University's policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6<sup>th</sup> Floor, Oakland, CA 94607, (510) 987-0096.

**Upcoming 4-H Events...Articles for the September newsletter are due by September 12th**

Email to Judy [jludovis@sonoma-county.org](mailto:jludovis@sonoma-county.org)

**September**

- 1..... CCC Mtg. 4-H OFFICE SANTA ROSA—7:00pm
- 17... County Wide Officer Installation event 4-H Center
- 22... New volunteer orientation 6:30 4-H Office (6:00 for fingerprinting)
- 24... Record Book Judging 4-H Center
- 29.... Exec CCC 4-HC 7:00pm 4-H Center

**October**

- 4... Officer's Training 4-H Center in Rohnert Park 10:00am-1:00pm
- 6... New Club Leader Chat - 4-H Office Santa Rosa 6:00pm(before CCC Mtg.)
- 6... CCC Mtg. 4-H OFFICE SANTA ROSA 7:00pm
- 24... North Bay Area Science Day - Sonoma County Fairgrounds
- 24... State Mtg. at UC Davis
- 27... Ex CCC Mtg. 4-H Center

# **\*\* ANNUAL POSTER PROMOTION \*\***

## **Attention all members! Annual Poster Promotion**

We would like to get the word out about 4-H in your community, so we are asking those of you who are interested, to design a poster about "Why One Should Join 4-H." The poster should include a number to call, and something you think would be of interest to kids and adults in your community. The poster can be designed to promote your club or for the county as a whole. This is what you will need to do if you would like to participate.

- 1) Design a poster to recruit members and adults to join 4-H.
- 2) Posters should be 14" by 22"
- 3) Find an approved place to put your poster in the community. Post it by October 1st, 2015
- 4) Have your club leader verify your poster information and sign the form
- 5) Mail or FAX the Verification Form to the county 4-H office postmarked by Friday, October 9<sup>th</sup> (see below)
- 6) Receive a pin at your November Club Meeting

This is a simple concept, but a fun and creative opportunity to build publicity about 4-H and use your creative imagination. We hope many of you will participate!

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### Verification Form

Name \_\_\_\_\_

Club \_\_\_\_\_

Phone \_\_\_\_\_

Name of Business, or person's property where displayed

\_\_\_\_\_  
Signature of Adult or business where displayed

\_\_\_\_\_  
Signature of Club Leader verifying above requirements are met, including accurate information and spelling

\_\_\_\_\_  
Fax form to 565-2623, or mail it to: 4-H Office 133 Aviation Blvd Suite 109 Santa Rosa Ca 95403