**UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION**

**CITIZENSHIP**

**LEADERSHIP**

**LIFE SKILLS**

**California**

**4-H**

**Youth**

**Development**

**Program**

**SONOMA COUNTY**

**4-H REPORTER**

**July/August 2011**

***Inside The Issue:***

*All Star Report..... 2 4-H Healthy Living……………………………...7*

*4-H Window Display. .………………..….…………………………...3 Citizenship Washington Focus* .*….…….…8*

*Thrive…………………………………………….……….…………………..4 The Ten Commandments...………………..9*

*Annual Leader Training……………………...…..………………...5 Junior Livestock Auction……………………..10*

**From Our President...**

Summer is here and the busy season has begun for our 4-H members! Sonoma Marin Fair is off and running, Camp 1 & 2 is right around the corner and Sonoma County Fair will be here before we know it! One of my favorite times of the year is the fairs. It gives us all an opportunity to see what a great group of 4-H members we have and how well they do with all the projects they have. It also allows our Teens to expand their leadership roles by helping the younger exhibitors become successful in their endeavors. It is always a very proud moment for me to witness our teens becoming productive young adults.

Important dates to remember!!! It is time to really dig into those record books. All club applications, secretary books, treasurer books and Jr and Sr. Record Books are due in the County office no later than August 19th – 4 pm. Please note the 4 pm time as the office will be closing at 4 pm. Jr. and Sr. record books must be reviewed at the club level prior to turning them in at the county. A judging checklist can be found on the 4-H website.

Installation of officers and officer training will be held on August 29th at 6 pm at the 4-H Center. Excellent opportunity for all your club officers to get a hands on training before your first 4-H meeting of the new year.

The All Star team has been hard at work planning your 2011 Achievement Night and I’m sure it will be a exciting event! Stay tuned for more information. **Our next CCC meeting will be on September 6th at 7pm at the 4-H office conference room. Please remember the meetings for September, October and November will be held at the 4-H office.**

 January through May will be held at the 4-H Center in Rohnert Park. Please plan on attending the meeting and meeting the new CCC officers: President-Diana Stornetta, Vice President-Program – Julie Patt, Vice President-Membership – Rebecca Nystom, Treasurer-Stefanie Stornetta, Special Accounts Treasurer-Michelle Pendleton, Corresponding Secretary-Kelly Hinde, Past President-Cheryl Mohrman and our new At Large members-Kris Cover, Latisha Tristano, Christine Bergue, Lisa Jack. Dodie Peterson will continue in her role of Secretary. On behalf of the CCC Board we hope you have a wonderful summer filled with project fun and fair blue ribbons! See you in September!

Diana

**Happy Summer Break Everyone!**

We hope everyone is working on completing their record book in time before the end of this busy 4-H year. Our team has been working hard to prepare for County Officers Training and Installation which will be held on August 29 at 6pm, 4-H Center. All upcoming officers for the 2011-2012 year should attend. Each new officer will be taught the responsibilities of their office as well as given the tools to make it fun and easy. They will also be able to ask questions of past officers and leaders about their new office. A light dinner will be served to members only.

We are also working on Achievement Night. If you have never attended before we strongly recommend you do! Its great to see youth and adults recognized for their hard work in 4-H! We hope you can make it on October 8 · 7:00pm, 4-H Center.

We hope everyone has a successful Fair Season and enjoys the new expanded fair schedule. We look forward to seeing you all at Officers Training and Achievement Night.

Ben Hampton for the

2011-2012 All Star Team

**A new 4-H year means it’s time to start thinking about enrollment again! You may recall that we switched** to a new enrollment system two years ago. Nearly every family in the county reenrolled themselves online last year, so this will be even easier this year!

The website is still the same: https://california.4honline.com.

Club leaders are logging back in now and confirming all the projects are still being offered. Please consider reenrolling your family online in August: it will make your September club meeting go more smoothly. Even though we’re going with less paper, we’re still not paperless: everyone will still need to have a medical form completed, and leaders will have to complete a self disclosure form.

Club leaders will receive info on the system at the annual club leader training on August 27th. We are excited to be using 4hOnline again, and we hope that you will be too. Thank you for your continued support of this big change. Any questions, please contact Stephanie at the 4-H Office at 565-2681 or **sturner@sonoma-county.org**

**Mark Your Calendar– New Leader Orientation Dates**

**ALL ORIENTATIONS ARE 6:30-8:00 pm at 4H Center in Rohnert Park**

**August 24, 2011 -10 people minimum**

**September 13 (Tuesday)**

**October 13 (Thursday)**

**November 7 (Monday)**

**January TBA**

There will be a training on 8/24/11 if there are a minimum of 10 people willing to attend

Please call or email Stephanie at the 4-H Office to confirm. sturner@sonoma-county.org

These are the scheduled dates for the upcoming fall. Every new leader must attend this one-time

orientation before you hold project meetings, sign Fair forms or work with youth. This is a University

of California requirement in order to be appointed as an agent of the University and to receive liability insurance coverage when performing as a 4-H leader. Please call the 4H office to make a reservation—565-2681.

**4-H Week Window Display Coordinator Needed**

**Unfortunately, we will not be able to continue the Window Display contest this year if we cannot recruit a volunteer coordinator. An older teen would be able to do this with some adult support**

Please volunteer for this one year appointment!!

And as always, 4H week is the 1st full week in October; from the 2nd through Oct. 9th.

Time Required: Promotion time plus 3-4 days prior to contest and week of contest.

Responsibilities:

• Provide information for September 4-H newsletter

with contest details, including theme, entry deadline and contest rules.

• Contact judges.

• Secure awards/ribbons for contest.

• Provide judges with judging criteria score sheets and locations.

• Notify participating clubs of contest winners.

• Announce winners to local media outlets and 4-H newsletter.

• Thank judges.

Take plaque in for current winning club name

First Place winner is your clubs name on a perpetual plaque as well as cash awards to first through third place.

Contact Judy Ludovise 565-3443

**Only appointed 4-H Leaders** should supervise and conduct the educational activities of the California 4-H Youth Development Program. If individuals others than appointed leaders conduct the educational activities prior written notification should obtained from the County Office.  If someone other than an appointed leader is conducting the meeting, and no written approval has been issued, the parents and the individual conducting the meeting assume personal liability for any accidents or injuries that occur and it is not recognized as a formal 4-H meeting or project."

**Leaders/Teens-LOOK AT THIS! Interested in leading a Robotics project? Come get trained in a new curriculum, “Junk Drawer Robotics” at NASA! Don’t delay! Sign up now.**

**Saturday July 16, 2011** (Bay Area central California) **Junk Drawer Robotics Training**

This is specific full feature all day training on Junk Drawer Robotics will be held at the

Santa Clara University Robotics Lab on the NASA AMES site near Mountain View, Ca.

(specific map and building location details provide to registrants)

SCU Robotics Systems Lab

NASA AMES, Mountain View, CA

8:30 am to 4:00 pm Snacks and lunch provided! Cost to Attend**:** FREE

Sign up via web registration, https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=6762

**All project and presentation proficiencies are due to your club leader by 9/1: Proficiencies will only be accepted from Club Leaders**

**The California 4-H Youth Development Program has adopted a new framework – California 4-H Thrive.** This framework based on cutting edge research is expected to help young people develop an explicit set of skills that move them forward on a path to thriving. This program is designed to help young people identify their spark or inner source of motivation that brings them joy and passion, move toward a mindset orientated toward learning and growth, explore indicators of thriving and reflect upon on their strengths and challenges, and to effectively set and manage goals.

Over the past year, 194 volunteers, Master Trainers, dedicated a significant amount of time to become trained on 4-H Thrive. Beginning in July, these trainers will, in turn, train volunteers in the local communities to deliver the key components of Thrive to 4-H members.

For Sonoma County, our trainers will be:

Mary Engebreath,Jeannie and Charolotte LeGallee, Amber Cook, Colton Wasniak and Kelly Hinde.

A big thank you to the Master Trainer’s and volunteers who are helping to strengthen our program and contribute positively to young people’s growth and development.

Regards,

Shannon Dogan

Associate Director

**Mark you calendars.....Officer’s Training**

Installation of Officer's and Officer's Training will be held on August 29, 6pm at the 4-H Center.   During this evening, you be installed as new officer's in your club and be given the tools necessary to make your job easy and fun.  A lite dinner will be served for member's only.  We greatly encourage your club secretaries and treasurers to attend this event.  You are required to turn in a completed book and the necessary information will be available at this training.

***The 50th Annual ChickenQue is in the history books, and was another great success! We’d like to take a moment***

***to thank our supporters****:*

We would like to give a huge thank you to Clover Stornetta, Sonoma County Fairgrounds, Cotati Food Service, F.J. Crikos Trucking, Franco American Bakery, G & G Supermarket, H&M Landscaping, Hampton Maintenance, Hunt and Behrens, North Bay Corporation/Santa Rosa Recycle, North Coast Detention Facility, Petaluma Poultry, Robin MacDonald, Santa Rosa Printing, Sonoma County Farm Bureau,

Signs Now, Slyker Distributing, Sonoma County Grange Credit Union, Transportation and Public Works-Integrated Waste, West Cal Tractor, Western Farm Center, Larry Grove, ServPro of Santa Rosa and Sunshine Farms.

And we would like to thank the Sonoma County public who have given us overwhelming support over the last 50 years and have allowed our 4-H program to flourish!

We couldn’t have done it without you!

**SAVE THE DATE**

**2011 Annual Leader Training 9:00am-12:00pm 4-H Center Saturday August 27th**

To be a club in good standing, your club must send a representative if the club leaders cannot attend.

Topics this year will include Enrollment, Club Management and ***4-H Basics-101*** for new club leaders and any club leaders who want a refresher on pins, hats, ordering, monthly club meetings, star rankings and other core club topics. More information will be emailed in August.

**Foundation Barbeque Will Be September 17th**

A lot of clubs are having their last meeting for the year in June. Since most clubs don't meet during the summer, and September will be will be the firstmeeting in the fall, now would be a good time to determine if your club is going to participate in the live or silent auctions for the upcoming Foundation BBQ on September 17th, at Richard’s Grove and Saralee’s Vineyard.

The BBQ is a fun evening of 4-H camaraderie and raising money for the 4-H program. We would love to have all the clubs participate by putting together either a live or silent auction item. Half of your auction lot proceeds will go directly back to your club. The live auction items need to have at least a $1000 value, and the silent items are recommended to be $250-500. Use the BBQ auction to get your club fund raising off to a great start for the fall! Please call me with any questions or ideas for your auction lots. Be creative and have a fun time with it. We are also going to be asking for volunteers for that evening. We also invite you and your families to attend the event for an amazing BBQ dinner, fun games,project displays and a great live and silent auction. Please let me know if you would like to either sponsor a table or purchase tickets.

Thanks so much, please feel free to call me with any questions or ideas!! —Susan Hansen, Executive Director, 4-H Foundation of Sonoma County

***Due Friday, Aug 19, by 4:00pm to the 4-H office:***

All record books and turn in form

* Officer's books:
	+ Treasurer
	+ Secretary
	+ Editor
* Club awards: **http://cesonoma.ucdavis.edu/Youth\_Development/For\_Youth/Forms/**
	+ Attendance
	+ Community Service
	+ Club Achievement
* County Budget Request forms
* Member Achievement Awards form
* Club Bylaws

 Club Constitution

**What is 4-H Healthy Living?**

4-H has a long history of promoting healthy living among youth and their families. The 4-H Healthy Living Initiative is intended to reposition health to its important and appropriate place within the 4-H Program. 4-H Healthy Living encompasses a holistic approach including healthy eating habits, physical fitness, the capacity to recognize and direct emotions, and the ability to develop and maintain positive social interactions and relationships. California 4-H is focusing efforts on increasing healthy living opportunities and strengthening the presence of healthy living themes throughout existing programs, activities and curriculum.

For more information, please see the [Healthy Living Advisory Committee](http://www.ca4h.org/Administration/Advisory_Committees/Healthy_Living).

**NEW! 4-H Healthy Living Wordplay**

**Introduce youth to 4-H Healthy Living by delivering this fun activity at your club, project  meeting, after school program or camp.** In this hands-on activity, youth will broaden their definition of healthy living to include physical, emotional and social wellness. http://www.ca4h.org/files/88305.pdf

[Healthy Living Wordplay](http://www.ca4h.org/files/88305.pdf)

*Build-A-Bear Workshop Grants*

**Deadline: Rolling, Now through October 28, 2011**

Grants of up to $10,000 each will be awarded to organizations working to support children’s health and wellness, animals, and literacy and education. Applications will be reviewed on a rolling basis throughout the year. To find out more, visit www.buildabear.com/shopping/contents/content.jsp?catId=400002&id=700010

*Mastering the Mystery: Food, Facts and Fun*

Join the team of detectives on the mission to explore "the journey of food" through innovative and integrative school and community gardening programs. This recorded webinar highlights the benefits of gardening, curriculum connections, activities, technology tools, food and nutrition and related initiatives. 4-H volunteers interested in or currently leading food and gardening projects will benefit from this training. To access the archived training anytime, visit www1.cyfernet.org/onlinepd/05-11-mystery.html.

   

**Dear 4-H Community:**

Citizenship Washington Focus (CWF) is a week-long, 4-H citizenship and leadership program for youth ages 14-19. Thousands of young people from across America stay at the National 4-H Youth Conference Center, near Washington, D.C., every summer to participate in the program, which provides opportunities for young people to:

* Strengthen their communication, leadership, and citizenship skills on a national level.
* Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
* Exchange ideas, practice respect, and form friendships with other 4-Hers from across the country with diverse backgrounds.
* Experience hands-on learning using the historical classroom of our nation’s Capital city, Washington, D.C.

**Registration for CWF 2012 is now open**! This is a once in a lifetime experience that allows your young people to see the world from a new perspective. Don’t let your 4-Hers miss out on this national citizenship and leadership opportunity.  All you need to do is gather a group of 5 or more participants (including both youth and chaperones), visit the [Citizenship Washington Focus website](http://n4h.convio.net/site/R?i=Sm6aAMzesPjtbzVXALkBTA..)and click on the “Register” tab to follow the registration steps.

This summer, we have over 1,600 young people participating in the CWF program.  Visit the [CWF website](http://n4h.convio.net/site/R?i=BeLFW1Z6ONwY8AIlc7O2-w..) to learn more about the CWF program. You can view videos and read testimonials under the “Experience CWF” tab or take a look at the CWF schedule under the “Register” tab.

For more information about the program or how to register your group to participate, please don’t hesitate to contact Molly Young, Director of Youth Opportunities, with questions.  We look forward to hosting you and your young people to our Nation’s Capitol of Washington, D.C. during the summer of 2012!

**Selling a market animal can bring up difficult emotions…**

Most young children do not have the emotional maturity to understand the finality of death, or the emotions that come from bonding with a living creature and then selling it for meat. While children logically know this is the eventual outcome of most 4-H market projects, the reality can hit some of them very hard as the truck drives away from the fairgrounds with their animal in tow. Brain development for abstract thought is not complete in most children until they are an adolescent. Without this development, children do not have the capability to fully comprehend that which they have not seen or experienced. Because of these things, and for safety reasons, children under nine are not permitted to raise large animals in 4-H.

As leaders, we have an opportunity to make raising livestock a positive experience. Prior to investing in a livestock project, take the time to talk with younger members about what is going to happen at the fair auction. Explain step by step what they can expect and discuss the impending outcome for their animals—some children don’t yet fully grasp the actual source of meat.

Even with advance knowledge, be prepared to lend a shoulder to cry on. Do not allow others to tease or belittle their sadness, as this may lead them to withdraw from future animal events. Comments such as “toughen up” or “be a big boy” just make the child feel worse about the emotions they are having. Make this difficult learning situation as emotionally safe as possible by showing compassion and understanding.

Reference: Chapter 5: Membership and Participation II. MEMBERSHIP POLICY

A. Primary 4-H Members

1. Primary members cannot enroll in large animal projects. Approved primary member animal projects are dogs, rabbits, rats, cats, poultry, cavies, mice, embryology, bees, entomology, marine science, pygmy, Nigerian and dwarf goats and therapeutic animal projects.

By Marcel Horowitz,

4-H Healthy Living Advisory Committee Chair

The Ten Commandments of Showing Livestock for Parents

1. THOU SHALT NOT feed, train and care for the animal, for thou art trying to teach the child responsibility.

2. THOU SHALT forgive a child for making mistakes in the showing for thou hath made mistakes too.

3. THOU SHALT NOT get mad when thy child forgets items in the showbox, for one day thou may forget the showbox.

4. THOU SHALT help the show management, for they are doing a job that thou would not want to do.

5. THOU SHAT see that thy child is on time for all show activities, for thou would not want to wait on another.

6. THOU SHALT be sure that thy child has animals entered and registration papers in order by the designated time.

7. THOU SHALT teach the child that winning a blue ribbon is a desirable goal but making friends along the way is a more worthy goal.

8. THOU SHALT NOT complain about the judge, for it is his opinion that has been sought.

9. THOU SHALT remember that livestock projects are teaching projects, not necessarily money making projects.

10. THOU SHALT remember that the livestock project is a family project that shall be enjoyed and supported by the entire family.

**Core Values**

The University of California 4-H Youth Development Program provides a wide variety of enrichment activities with the ultimate goal of giving youth the skills they need to thrive and succeed throughout their lives. The focus of all 4-H programs is positive youth development through activities in science literacy, healthy living, and citizenship. All 4-H programs are accessible and open to all youth.

The [Essential Elements](http://www.national4-hheadquarters.gov/about/4h_elements.htm) of youth development are intended to be used as a guide in implementing and developing positive youth development programs.

Belonging -  to know they are cared about by others.

Mastery - to feel and believe they are capable and successful.

Independence - to know they are able to influence people and events.

Generosity - to practice helping others through their own generosity.

The 4-H YDP promotes positive relationships with caring adults, a safe environment, the opportunity for youth to develop mastery, and the ability to demonstrate their new skills in public service. These are the hallmarks of effective youth development programming.

**Junior Livestock Auction**

**WHAT DOES IT TAKE TO GET THERE? …from the 4H Office**

**All Junior Exhibitors** must do the following:

1. Own their animal for a minimum of 120 days for steers, 60 days for swine, sheep, and goats, 30 days for small animals; as of opening day of the fair.
2. Have proof of ownership (bill of sale) available to fair if requested.
3. Must be enrolled in elementary or high school during the 2011 school year.
4. Register their steers and lambs and goats at the mandatory pre-registration days. (March 6th for steers and June 4th for lambs and goats)
5. Keep project records.
6. Enter their animal in the Fair by the deadline.
7. Have their animal judged by a certified Judge in the show arena. Animal must be judged “market –ready” to be eligible to be sold in the sale.
8. Enter no more than two (2) market animals/pens total. They do not have to be of the same specie. (ex. 1 steer and 1 hog, or 1 lamb and 1 rabbit pen)
9. Exhibitor can raise or pre-register as many animals as they wish, but they can only enter two into the fair.
10. Must write a thank-you note to your buyer(s) in order to pick up the sale check. (checks must be picked up within 15 days of the close of the fair, or exhibitor will forfeit your check)



**4-H members** must:

1. Attend the required number of project and community meetings specified in their club by-laws.
2. Encouraged to market their own animal(s) to possible buyers – write letters, invite buyers to the auction. Don’t rely solely on auction solicitors and supporters to find a buyer for your animals!
3. Submit project report form and Fair entry form to the project leader for signature.
4. Must be enrolled in the project by February 1st.

Finally, read the guidebook, especially the Auction Department Rules! Know what is expected of you before you start your project!

Want more info: Sonoma County Fair at 707-545-4203

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**Judy Ludovise**

**4-H Program Assistant**

jeludovise@ucdavis.edu

**Stephanie Turner**

**4-H Secretary** *(Part-Time)*

*sturner@sonoma-county.org*

**WEBSITES**

**Sonoma County 4-H:**

 http://cesonoma.ucdavis.edu/Youth\_Development/

**California State**: 4-H: http://ca4h.org

**4-H Foundation:** [www.4hfoundationofsoco.org](http://www.4hfoundationofsoco.org)

**ANR NONDISCRIMINATION AND AFFIRMATIVE ACTION POLICY STATEMENT FOR UNIVERSITY OF CALIFORNIA PUBLICATIONS REGARDING PROGRAM PRACTICES – July, 2008**

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities.

University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint.

University policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University’s nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.

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**Upcoming 4-H Events . . .**

##### **JULY**

3-8 Camp 2

14-31 State Fair

27-A14 Sonoma County Fair

28-31 State Leadership Conference

**AUGUST**

19 Turn In Date-4-H Office 4:00p.m.

(All Record Books, Awards, etc)

27 Annual Leader Training-4HC 9:00a.m.

29 Officer’s Training-4HC 6:00p.m.

**Articles for the September *Reporter***

**are due by August 6thPlease email articles to jeludovise@ucdavis.edu**